



IOPA
INDIAN OROFACIAL PAIN
ASSOCIATION



SAVEETHA
DENTAL COLLEGE

nirf 1ST
RANK
By WHO, Govt of India
Among All Private & Deemed
Universities in India



TNDC Approval
No: 140/26

1st ANNUAL CONFERENCE

"Uniting Minds, Transforming Care in Orofacial Pain"

22nd - 23rd August, 2026

Hosted By:

**DEPARTMENT OF ORAL MEDICINE, RADIOLOGY &
SPECIAL CARE DENTISTRY
SAVEETHA DENTAL COLLEGE & HOSPITALS
CHENNAI, TAMILNADU**

www.iopa.in

www.saveethadental.com



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DENTAL COLLEGE



Dear Colleagues and Friends,



It gives us immense pleasure to welcome you to IOPA's 1st Annual Conference, "Uniting Minds, Transforming Care in Orofacial Pain"

hosted by the Department of Oral Medicine, Radiology & Special Care Dentistry, Saveetha Dental College, Chennai, India's leading Dental institute, from August 21-23, 2026.

What began as a small, dedicated initiative to enhance orofacial pain care in India has grown into a dynamic professional community of over 150 members - reflecting the rising awareness, interest, and need for this specialty nationwide.

From our initial newsletters to regular monthly webinars, and now to this landmark annual conference, our journey represents a significant step forward in strengthening education, collaboration, and clinical excellence in orofacial pain. This conference, featuring esteemed national and international experts in the field of Orofacial pain and Dental Sleep Medicine, is designed to bring together dentists, physicians, physiotherapists, psychologists, sleep specialists, and allied professionals committed to multidisciplinary care.

We warmly invite you to be a part of this important gathering - to exchange ideas, foster meaningful collaborations, and contribute to shaping the future of orofacial pain management in India and beyond.

We look forward to welcoming you to Chennai.

Warm regards,

Dr. V. Rangarajan
Organizing Chair

Dr. M. Arvind
Organizing Secretary

Dr. Sumit Gupta
Scientific Chair

ORGANIZING TEAM



PATRONS



Dr. N. M. Veeraiyan
Founder Chancellor, SIMATS

Dr. Deepak Nallaswamy
Pro-Chancellor, SIMATS



ADVISORS



Dr. Sheeja Varghese
Registrar, SIMATS

Dr. S. Aravind Kumar
Dean, SDC



Dr. V. Rangarajan
Organizing Chair



Dr. T. N. Uma Maheswari
Organizing Co-Chair



Dr. M. Arvind
Organizing Secretary



Dr. S. Ramkumar
Joint Organizing Secretary



Dr. V. Jayanth Kumar
Treasurer

SCIENTIFIC COMMITTEE

REGISTRATION COMMITTEE



Dr. Sumit Gupta
Chair



Dr. D. Sreedevi
Co-Chair



Dr. Vaishnavi Prabhakar
Chair



Dr. Devika S. Pillai
Co-Chair

PRE CONFERENCE COURSES



Dr. S. Karpagavalli
Chair



Dr. Vivek Narayan
Co-Chair

STUDENTS COMMITTEE



Dr. J. Selva Kumar
Chair



Dr. Roland Prathipa
Co-Chair

HOSPITALITY COMMITTEE



Dr. Jyotsna Jain
Chair



Surenter M
Co-Chair

TRADE EXHIBITION



Dr. Prisly Thomas
Chair



Dr. A. Haripriya
Co-Chair

SOUVENIR COMMITTEE



Dr. Dolanchanpa Dasgupta
Chair



Dr. Prasanthi S
Co-Chair

SOCIAL MEDIA COMMITTEE



Dr. Ahana Ajayakumar
Chair



Dr. R. Sangavi
Co-Chair

GIFTS AND MEMENTOS



Dr. Hemant Soni
Chair



Dr. Shilpa Syam
Co-Chair

ACCOMMODATION



Dr. M.S. Chandragupta
Chair



Dr. Lokesh Kumar
Co-Chair

BANQUET



Dr. A.S. Ramesh
Chair

TRANSPORT



Dr. Pradeep Jayaprakash
Chair

Scientific programs

IOPA Oration



Dr. Ghabi Kaspo (USA)

Topic: Diagnostic Imaging in Orofacial Pain: Indications, Limitations, and Clinical Decision-Making

Keynote Speakers



Dr Vishal Aggarwal (UK)

Topic: Puzzle of Pain



Dr Camille Haddad (Lebanon)

Topic: Masking the Diagnosis: The Risks of Botulinum Toxin in Temporomandibular Disorder Management



Dr. May Wathiq Al-Khudhairy (Saudi Arabia)

Topic: Understanding Sleep Bruxism: From Etiology to Care



Dr. Ruchika Sood (India)

Topic: Trigeminal Neuropathy: A Diagnostic Blind Spot in Orofacial Pain



Dr. Nivedita Kumar (India)

Topic: Beyond 32: Building your Practice around Sleep Medicine



Dr. S. Senthil Kumar (India)

Topic: Revealing Myths of Temporomandibular Dysfunction - A physiotherapist Perspective



Dr. Yaron Haviv (Israel)

Topic: Chronic Orofacial Pain Mimicking Dental Pain: From Misdiagnosis to Mechanism-Based Management



Dr. V. Rangarajan (India)

Topic: Occlusion and TMDs



Dr. Raashi Khatri Panjabi (India)

Topic: Past, Present and future of Orofacial Pain practice- from historical evolution to AI



Dr Mythili Kaladka (USA)

Topic: TMDs - Overview of Conservative Management



Dr. Sumit Gupta (UAE)

Topic: When Nothing Feels Right... But Everything Looks Fine: A Puzzle Without a Problem



Dr. Sunil Suresh (Qatar)

Topic: Knot That Pains: Unknotting the Mystery of Myofascial Pain



Dr. Srishti Parekh (India)

Topic: Systemic Factors In Orofacial Pain

Symposium



Topic:
Orofacial pain-Clinical perspective

Dr. S. Ramkumar
Moderator

Dr. Karpagavalli S.

Dr. Dolanchanpa Dasgupta

Dr. Jyotsna Jain

Dr. Hemant Soni



Dr. M. Arvind
Moderator



Dr. Devika Pillai



Dr. Raghunand Sindhe J



Dr. Nandita Shenoy

Topic:
Environmental and Life style changes in chronic orofacial pain

Free Papers & Posters

INSTRUCTIONS FOR PAPER & POSTER PRESENTATIONS

General Rules

Participants must be registered for the conference prior to abstract submission.

Scientific events will be held on August 22nd & 23rd, 2026.

Topics are limited to Orofacial Pain (OFP), TMDs, and Dental Sleep Medicine.

No changes will be permitted after submission.

Participants must bring their own presentation tools.

Cash prizes will be awarded for the top 3 Best Papers and Best Posters.

The decision of the Scientific Committee will be final.

Abstract Submission

Abstract must be 250–300 words, in English, and submitted in Word format.

Include the following details: presenter information, institution, year, registration number, subject, topic, and proof of payment.

Poster abstracts must be signed by the Head of the Department (HOD).

Formatting requirements: A4 size, Times New Roman, font size 12, 1.5 line spacing.

Submit as a PDF via the designated email address below or through the Google Form.

Last date for submission: August 10, 2026.

Paper Presentation

Open only to clinicians and faculty.

Duration: 7-minute presentation + 2-minute discussion.

Maximum 15 slides, in PowerPoint format (4:3 aspect ratio).

Poster Presentation

Open only to undergraduate (UG) and postgraduate (PG) students.

College/guide name must not be included in the poster (entries will be disqualified if included).

College ID and conference registration proof must be presented at the time of presentation.

Duration: 3-minute presentation + 2-minute discussion.

Maximum of 2 authors; all authors must be present for the presentation.

One-slide PowerPoint presentation (4:3 aspect ratio).

Printed posters, animations, audio, video, or GIFs are not permitted.

No college/guide name is allowed.

Final Submission

Submit the final paper/poster (with delegate name) by **August 14, 2026.**

Send submissions to: oralmedicine.sdc@saveetha.com

Pre-conference Courses - 21/08/2026

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Dr. Vishal Aggarwal

Title: Epidemiology to Evidence based Management of TMD and chronic orofacial pain

Time: 9.30 am - 1 pm

Fees: INR 1,500

3



Dr. K. Ramana

Title: Workshop on Myofascial trigger release for Orofacial pain: Hands on Approach - A physiotherapist's perspective

Time: 2 pm - 5.30 pm

Fees: INR 1,500

4



Lt Col (Dr) Sudarshan Bhat

Title: TMJ arthrocentesis: from diagnosis to hands-on mastery

Time: 2 pm - 5.30 pm

Fees: INR 2,500

5



Dr. Nilesh Deshmukh

Title: Mastering Trigger Point Injections in Myofascial Pain Management

Time: 9.30 am - 1 pm

Fees: INR 2,500



Dr. Prisly Thomas

6



Dr. J. Selva Kumar



Dr. Ahana Ajayakumar



Dr. Vaishnavi Prabhakar

Title: Mastering TMD & Sleep Appliances: From Theory to Chairside Practice

Time: 2 pm - 5.30 pm

Fees: INR 3,000

Course fee: 20% Discount for delegates registered for conference

PROGRAM SCHEDULE

DAY I - 22/08/2026

8.00-9.30 AM

Free Papers & Posters

Other Halls

TIME

MAIN HALL

9.30-10.15 AM	Dr. Raashi Khatri Punjabi	Past, Present and future of Orofacial Pain practice
10.15-11.00 AM	Dr. Vishal Aggarwal	Puzzle of Pain
11.00-11.30 AM	INAUGURATION	
11.30-11.45 AM	Tea/Coffee Break	
11.45-12.30 PM	Dr. Ghabi Kaspo - IOPA Oration	Diagnostic Imaging in Orofacial Pain: Indications, Limitations, and Clinical Decision-Making
12.30-1.15 PM	Dr. Ruchika Sood	Trigeminal Neuropathy: A Diagnostic Blind Spot in Orofacial Pain
1.15-2.00 PM	Lunch break	
2.00-2.45 PM	Dr. Mythili Kalladka	TMDs - Overview of Conservative Management
2.45-3.30 PM	Dr. Yaron Haviv	Chronic Orofacial Pain Mimicking Dental Pain
3.30-4.00PM	Dr. V. Rangarajan	Occlusion and TMDs
4.00-4.15 PM	Tea/Coffee Break	
4.15-5.00 PM	Symposium 1	Environmental and Lifestyle changes in chronic orofacial pain
5.00-5.15 PM	DAY 1 QUIZ	
5.15-6.00 PM	AGM	

PROGRAM SCHEDULE

DAY 2 - 23/08/2026

8.00-9.30 AM

Free Papers & Posters

Other Halls

TIME

MAIN HALL

9.30-10.15 AM

Dr. Nivedita Kumar

Beyond 32: Building your practice around sleep medicine

10.15-11.00 AM

Dr. May Wathiq Al-Khudhairy

Understanding sleep bruxism :
From etiology to care

11.00-11.45 AM

Dr. Camille Haddad

Masking the Diagnosis: The risk of Botulinum toxin in TMD management

11.45-12.00 PM

Tea/Coffee Break

12.00-12.30 PM

Dr. Sumit Gupta

When nothing feels right; but everything looks fine

12.30-1.00 PM

Dr. Srishti Parekh

Systemic Factors In Orofacial Pain

1.00-2.00 PM

Lunch break

2.00-2.30 PM

Dr. S. Senthil Kumar

Revealing Myths of Temporomandibular Dysfunction

2.30-3.00 PM

Dr. Sunil Suresh

Knot that pains: Unknotting the mystery of Myofascial pain

3.00-3.45 PM

Symposium 2

Orofacial pain; Clinical perspective

3.45-4.00 PM

DAY 2 QUIZ

4.00-4.15 PM

Tea / Coffee break

4.15-5.00 PM

Valedictory & Prize Distribution

REGISTRATION

FOR REGISTRATION



IOPA Member - Indian - ₹3000
Non IOPA member - Indian - ₹4000
International delegate - \$100
UG Student - ₹1800
PG student - ₹2300

<https://docs.google.com/forms/d/e/1FAIpQLSd5c9Vgod1gzt8bJuZlxzWxjdykNpcNe7K3vpBXrPc4YJJjRA/viewform>

PAYMENT DETAILS



Account Name : Saveetha Dental College ORAL
MEDICINE CME

Account No : 1248135000002574

Bank Name : Karur Vysya Bank

IFS Code : KVBL0001248

SWIFT CODE : KVBLINBBIND

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